

event package

Posada Natura

Costa Rica



gathering for a better future

event package

a quick introduction -

Posada Natura is a sanctuary located on the southern pacific coast of Costa Rica, 20 minutes from Manuel Antonio Beach. We host events with focus on spiritual practice, wellness, education, social change and environmental conservation. We provide facilitators with all-inclusive packages, which include accommodations for up to 40 people, three nutritious-focused meals daily, private use of our facilities, staff on-site and organization of additional services and excursions.

Our space is a container to connect people to the powerful rejuvenating energy of an ancient rainforest, and wholesome wellness experiences. Our team is comprised of leaders in the fields of holistic healthcare, spiritual practice, and environmental conservation. We are seated above one of the cleanest rivers left on earth, Rio Naranjo, and are surrounded by over 7,500 acres of rainforest that our partner 501(c)(3) non-profit organization, Eco Era, has protected since 1991. A portion of our profits are donated each month to Eco Era to protect the rainforest.



facilities

Situated alongside an enchanting river and surrounded by rainforest, our spacious, open-air palace is the epitome of jungle luxury. Expansive gathering spaces, temple and practice spaces, lounge and dining areas are woven into lush tropical gardens along our river. Each group is given exclusive use of our space and provided with appropriate set-ups for their purpose.

- yoga, meditation, or gathering deck for up 40 people
 - equipped with meditation cushions, yoga mats and supplies
- temple space for group or private practice
- dining room that seats up to 40 people
- private pool and jacuzzi
- expansive gardens, and river beach access
- high speed wifi



meals

We believe that food is healing. We source all of our produce from local, organic farms to create fresh, plant-based meals for every retreat. We believe in nourishing the human body with nutrient dense, fresh ingredients cooked by our incredible chef

- 3 organic , nutrition-focused meals daily
- Tea, coffee and snacks available throughout the day



accommodations

Total beds: 33

Total sleeping capacity: 37

Cabinas: 24–28 persons

Our beautiful cabinas are built alongside our river, each with 3 sleeping areas, which can be shared or private. A private bathroom and shower is shared between each cabina. The two story layout is as so:

- Private queen bedroom located on 2nd story with private balcony.
- Private bedroom located on 2nd story with 2 single beds, with king bed convert option.
- Sleeping spaces located on 1st story with 3 single beds, with king bed convert option.

Private Studios: 6–9 persons

Three additional private studios are located at our neighboring sanctuary. Each with a queen bed, a single bed, and a private bathroom.



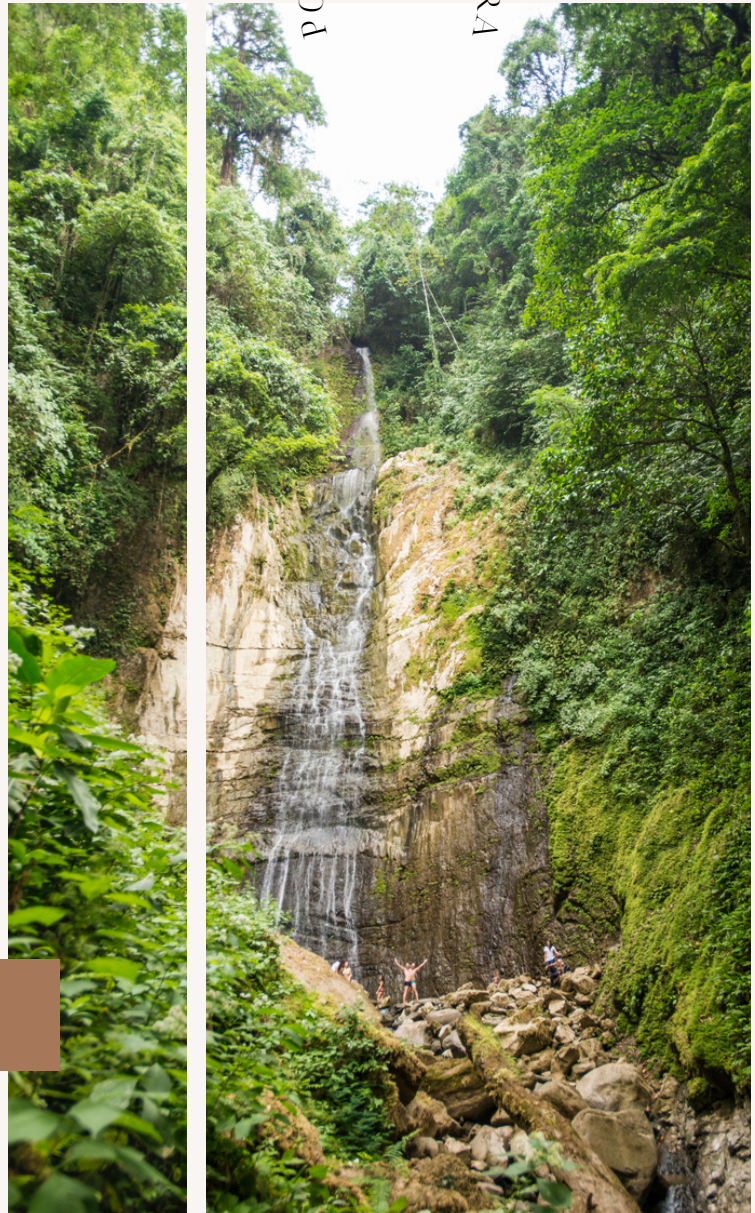
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impact

Our profits support our partner organization, Eco Era, a 501(c)(3) non-profit organization that protects 7,500 acres of Costa Rican rainforest. Collaborating with us signifies a much larger impact than just supporting wellness activities.

Hosting your event with Posada Natura means supporting environmental conservation, social service and initiatives that actively bring people into a more intimate relationship with nature and create a better future for our planet.

www.ecoera.org



Basic Package

- 3 meals daily
- Accommodations
- Private use of entire retreat center
- Daily cleaning of rooms and common areas
- Support staff available for basic logistics & coordination
- Media content for promotion & link to your event on our webpage
- Contacts to our network of excursions, healing offerings and transportation.

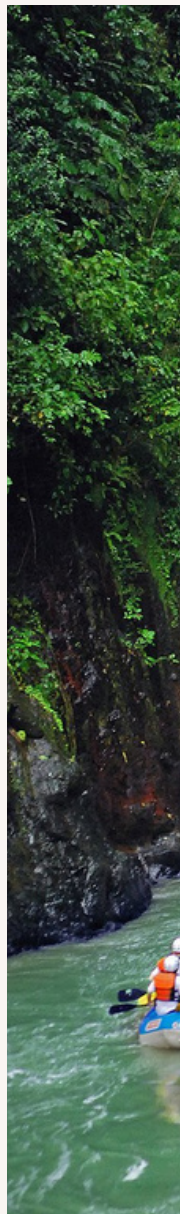
\$150-250 per person per day depending on group size and event duration.

Management Package

- Everything included in basic package
- On-site manager for all logistical & coordination needs including space set up and take down and coordinating with support staff for production.
- Organization of healing offerings
 - meditation, yoga, sweat lodge, sound healing, breathwork, bodywork
- Organization of excursions
 - Horseback riding through our rainforest conservation site
 - River rafting on our river
 - Rainforest & waterfall trek through our rainforest conservation site\
 - Manuel Antonio Beach
- Organization of airport travel
- Organization of guest accommodations
- Laundry services

\$150-250 per person per night, and \$1,500-\$3,000 manager's fee, depending on group size and event duration.

investment



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WELCOME HOME

